

'The Dragonfly Has Soared' by Emily Little



The Dragonfly has soared
A force of rhythmic wings and powerful body
With watchful eye of Ginny and guiding tail of Charlene.
Our flight has been graceful and swift.
It's the soul that carries the dragonfly
And body of drive, focus, and energy.
It's more than a race.
It's a willful desire to succeed
Despite our handicaps
And in doing so
We have bonded as a team
With respect and admiration for one another.
Our journey has been sweet

Emily Little - 2004

'Waiting For The Race'



Emily Little – 2005

**WE GREET OUR FRIENDS WITH SMILES
THROUGH TROUBLED WATERS
HAVE TRAVELLED THE MILES -
TO TURN OUR WEARINESS TO STRENGTH
OUR ENDURANCE WILL SHOW AT LENGTH
AS LIFE - BE IT WINDY OR CALM
WE'LL CARVE THROUGH OUR WORRIES
AND BRAVE ANY STORM
WHILE WE PEEL BACK OUR FEARS
WE FIND HAPPINESS - NOT TEARS
THE TIME HAS COME TO PAUSE
TO SPEAK THROUGH OUR PADDLING
AND ENERGIZE FOR A GOOD CAUSE
OUR SORENESS WILL SUBSIDE
AS WE CHALLENGE A RACE WITH PRIDE
SO TAKE THAT HARD SEAT
FOR A MOMENT OF TRIUMPH
SISTERS, MAKE YOUR JOURNEY SWEET
WITH EVERYTHING YOU'VE GOT
OUR SPECIAL TEAM MEANS A LOT!**

EMILY LITTLE - SISTERSHIP CALGARY PADDLER



A TRIBUTE TO HEATHER

**AS SPRING BECKONS
WARM WINDS TOUCH OUR FACE
IT FEELS GOOD
TO EMBRACE NEW GROWTH
AND CHANGING LANDSCAPE
A GOOD TIME TO LIVE
A GOOD TIME TO DIE
THE SPIRIT LIVES ON
IT CAN BE SEEN IN THE SUNRISE
AS THE DAY AWAKENS
IN THE MUSIC OF BIRD CHIRP
IN EACH BLADE OF GRASS
AS IT REACHES FOR THE SKY
WE WILL HEAR YOUR SONG
IN THE RUSTLE OF THE WATER
AS THE BOAT GLIDES
IN THE VOICES CHEERING US ON
IN THE WHISPER OF THE WIND
AS IT KISSES OUR CHEEK
AND AS THE DAY CLOSSES
TO A GLORIOUS SKY
THE DAY IS EMBRACED
IT FEELS GOOD
TO KNOW YOU WERE HERE

TO HEATHER
YOUR PASSION AND ZEST FOR LIFE
WILL BE REWARDED WITH MEMORY**

