



Members of the Calgary Sistership Dragon Boat Association are a special group of women. All have been diagnosed and treated for breast cancer.

These survivors focus their energy and determination on the strenuous demands of dragon boat paddling. Research strongly suggests that this activity benefits physical health and well-being. Our teams compete at local, provincial, and international festivals.

We are proud to show that having an exciting and challenging life after breast cancer is possible. We educate about breast health, inspire and motivate others and volunteer in the community.

Your financial contribution will help us to continue racing so that the message of health and wellness can be heard. We will be honoured if you partner with us in our race against cancer.

Just like our friends *Breast Friends Edmonton* we use the money “for training, facility rentals, coaching, the purchase and maintenance of equipment, insurance, storage, registration fees at festivals, travel subsidies to ensure that attendance at festivals is more affordable for our members, and production of educational materials.”

We acknowledge the support of \$500+ from our sponsors through recognition on our website and at events we attend eg: BRA Day and Race for the Cure.

Your logo will appear on our appreciation banner which is displayed at all the dragon boat festivals in which we participate. These draw in hundreds of spectators. Your logo will also be placed on one of the 22 hearts on our boat. As well, you and a guest will be invited to our Picnic & Paddle so you can experience our sport first hand.

We hope you will attend the Calgary Festival in August. We will be honoured if you partner with us in our race against cancer.

Sincerely,

Linda Cochran

Fundraising Chairperson



Our Mission

The Sistership Dragon Boat Association provides opportunities, through the sport of dragon boating, for people diagnosed with breast cancer to foster wellness and partner with the community to heighten the profile and importance of breast health

Our Accomplishments show that our mission is being met as we have consistently raced to medal placings throughout the years. We have participated in many festivals across Canada and the USA where we raced against mixed teams as well as women's teams, including all breast-cancer teams. We participate in the International Breast Cancer Dragon Boat Festival which is held every four years.



What Is Dragon Boating?

Dragon boating is a team activity with up to 20 paddlers, a steersperson and a drummer in a 12-meter-long boat. Our team consists of breast cancer survivors.



Our Objectives

We come together as Sistership to finish the race.

Working together as a team, we are committed to hours of preparation involving physical fitness and learning technical paddling skills. We motivate each other and ourselves through group involvement. We offer friendship and support. We laugh and have fun.

Sistership participates in community activities as ambassadors of breast health.

We support and participate in activities related to breast cancer awareness, prevention, treatment, support, recovery and fundraising.

We contribute to the YMCA Let's Raise campaign and provide assistance with Camp Chief Hector.

We have placed several memorial benches in our parks in honour of past and present members and for public enjoyment.



TO BECOME A SPONSOR

1. Please provide the following information:

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Contact Telephone: _____

2. Please make cheque payable to Sistership and send to:

4060 Dovercroft Rd SE. T2B 1Z9

OR

Go online and click DONATE on our website home page: www.sistershipcalgary.com

THANK YOU FOR YOUR SUPPORT!