2008 Flower Ceremony Charlene Waldal

Being diagnosed with Breast Cancer brings darkness to your life that is hard to understand in the beginning.

Through the cancer journey of testing, staging, surgery, chemo therapy, hair loss, radiation and the fear of reoccurring you must find a way to put that fear aside. Each of the Sistership members has been diagnosed with breast cancer. The teams here today have participated in dragon boating but have all won the race. The race against cancer.



22 hearts, One goal

Sistership has women of every description. Moms, Grammas,

Sisters, Wives, and Friends.

Some are just finishing treatment and some are celebrating more than 10 years cancer free. They share that hope with our newer members.

We have a member that trained for and completed an Ironman triathlon during her treatment last year. There are 8 others that competed in a beginner triathlon this year. Three of those are over 60 years young and finished first second and third in their age category.

We have members that run marathons, cycle to Austin Texas, learn to run and some at ages over 50 are joining their very first sports team with Sistership.

In Sistership we support each other when cancer returns, and while women along with their families, are recovering. We wish to bring awareness to the importance to breast health and the value of living an active lifestyle.

23 sistership members have died over the 11 years we have had our club. We frequently remember them and the special bond we all shared.

Every time we participate in a flower ceremony we remember them.

While we know this possibility of a cancer diagnosis exists we also know that there is always Hope

Today we are releasing 25 doves along with the flower ceremony. Doves are a symbolic releasing of the spirit and the journey home. They provide a feeling of reassurance and healing.

Doves are also a symbol of hope, peace and new beginnings. Through their beauty, as they soar to the sky, I hope you will find some special meaning.