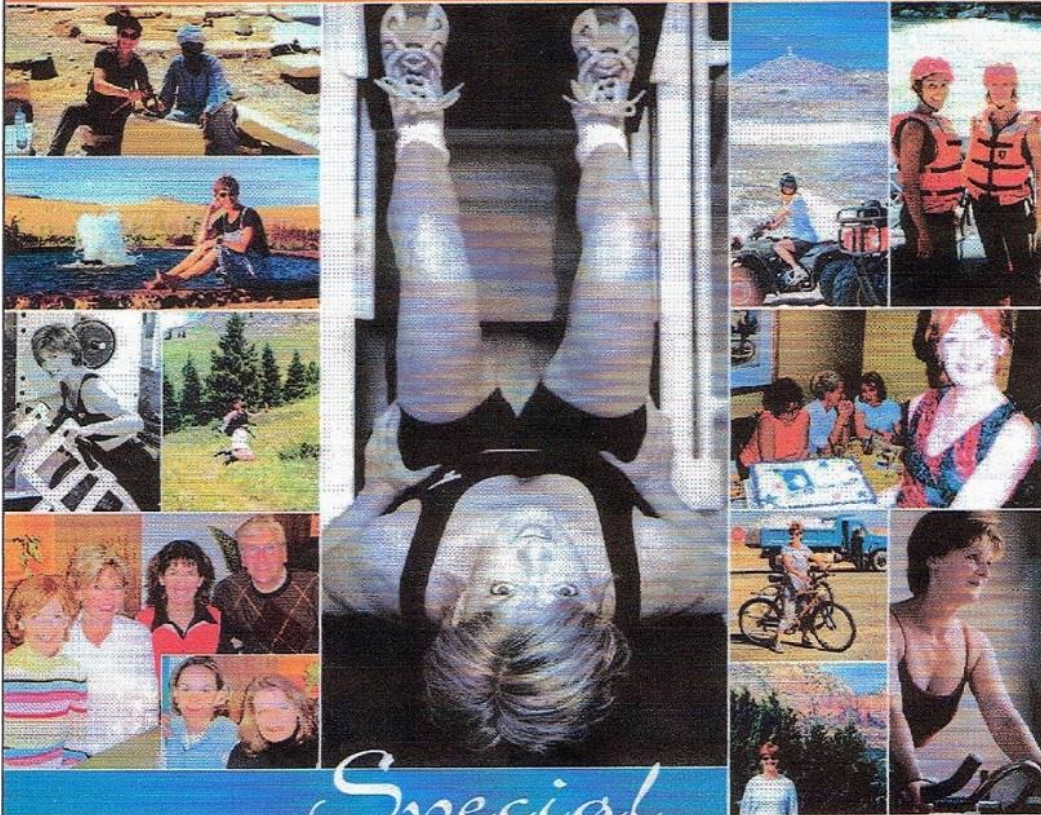


a Twoonie Yoga participant – we invite you to a VERY SPECIAL TWOONIE YOGA!



# Special TWOONIE YOGA

Sunday FEBRUARY 27 – 3:30pm

South Calgary Community Association  
3130 16th Street SW, Calgary

### TWOONIE YOGA

Since 'TY' started in Sept 2002, we have raised over \$8000 and have helped five local inner city charities. Traditionally, the twoonie collection is for 6 months. This time, in honour of Jennifer and her charity of choice, Heavens will collect twoonies for ONE FULL YEAR.

### TWOONIE YOGA

EVERY Sunday  
12:30-1:45pm  
@ Heavens  
637 11th Avenue SW

February 27, 3:30pm  
@ South Calgary Comm Assoc

**Jennifer Gregory** is a woman who has always lived her life with enthusiasm. She has travelled the world, inspired others through teaching, and shares her positive attitude with everyone she meets.

Seven years ago Jennifer was diagnosed with breast cancer. Through her several rounds of chemo and various treatments she never stopped coming to Heavens – her 'other family'. Her workouts kept her focused, and her friends kept her strong. For awhile it looked like she had the cancer beat, and then in 2000 it returned, this time in her bones. Today the cancer has progressed into her lungs, and while Jennifer is courageously fighting the disease, she is also realistic about the path it will eventually take.

Several weeks ago Alan and Jackie Mileham asked Jennifer if they could honour her through Twoonie Yoga, by asking her to choose the next charity. Jennifer chose the Rosedale Hospice – an organization that does amazing work for individuals and families facing death, and one that has meant a great deal to Jennifer.

Find out more about the Rosedale Hospice  
[www.hospicecalgary.com](http://www.hospicecalgary.com)

### THANK YOU TO OUR SPECIAL 'TY' SPONSORS

**Lululemon** will donate \$5 for every person that attends on February 27th. If we reach 100 or more people, they'll increase their donation to \$1,000!

**Heavens** will raffle off two 90 day mind/body memberships for our brand new yoga and pilates studio and give away all sorts of fun prizes!

